

# Missouri



## **FY2017TTI PROJECT:**

- 1. Increased Utilization of the Protocol for Co-Occurring Developmental Disabilities and Mental Illness (DD/MI)*
- 2. Improved Family Support*
- 3. Increased Dual Diagnosis Awareness*

## **KEY OUTCOMES:**

- The Missouri Department of Mental Health (DMH) utilized the Transformation Transfer Initiative (TTI) Grant to strengthen collaboration between the two divisions of Developmental Disabilities and Behavioral Health. The two divisions decided to focus the grant on three areas: increasing community awareness of co-occurring diagnosis; increasing family support; and implementing with sustainability standards of care. As a means to address all three of these areas the Missouri Intellectual/Developmental Disability and Behavioral Health (IDD-BH) Center of Excellence Initiative was developed.
- The Missouri IDD-BH Center of Excellence initiative model was developed to build statewide capacity and agency capacity of best practices with the IDD-BH population. The model includes local Professional Learning Communities, consisting of agency providers committed to the initiative. The focus of the learning communities are: 1) Networking, 2) Communicating effective implementation processes, and 3) Refinement of best practices. Statewide master trainers provide technical assistance at these networking meetings and assist in facilitating regional Professional Learning Communities. The Department of Mental Health contracted with the National Association for the Dually Diagnosed (NADD) to complete the initial set of trainings with the provider agencies. NADD was selected due to an established curriculum as well as a way of certifying and accrediting agencies. A commitment application was developed to identify expectations for the department and for the agencies participating in the initiative.
- Dr. Robert Fletcher from NADD conducted a training on Inter-Systems for individuals with IDD-BH needs in August 2017. A provider meeting was held in September 2017 to review the commitment application for those community providers selected to participate in the Center of Excellence Initiative for St. Louis and surrounding communities. The providers as well as other community service members also attended a Co-Occurring 101 training in St. Louis, Missouri in October 2017.

### **Ongoing Project Activities After Grant Period:**

- In January 2018, six Developmental Disability and Behavioral Health providers from the St. Louis area were trained in direct support, specialist, and clinician level best practices by NADD. Since the initial training, Missouri has made the decision to individualize the St. Louis training to more reflect the future direction of the State and to assure its 'user' friendliness and replicability. State personnel are working with Washington University on this effort.
- In follow up to the January training, the St. Louis providers are participating in a collaborative professional learning community to develop plans for implementing best practices and trainings throughout their agencies. Missouri's next phase as part of the state-wide implementation is to begin training agencies in the Kansas City area. Kansas City providers will select agency trainers to be trained by state-level master trainers to build sustainability within their respective agencies. This systematic implementation will continue across the State of Missouri for all regions.

### **Benefit of the 2017 TTI Project:**

- In summary, the project team has learned of the national initiatives and best practices established in working with individuals and families with a co-occurring IDD-BH diagnosis. The team was able to utilize these existing initiatives and practices to develop an implementation plan for Missouri. The project team also has a better appreciation of the strengths and weaknesses between the two divisions. The language differences and variations in service providers as opposed to being a barrier, drove the Divisions to develop a cross system's training package. The collaboration of team members has spread to the larger system in efforts to identify common outcomes in serving this population.

*For more information, contact:*

Contact Name, Title

Julia LePage, Director Community Supports Unit, Missouri Department of Mental Health,  
Division of Developmental Disabilities

[julia.lepage@dmh.mo.gov](mailto:julia.lepage@dmh.mo.gov)

573-751-9134

Connie Cahalan, Director of Children's Services, Missouri Department of Mental Health,  
Division of Behavioral Health

[connie.cahalan@dmh.mo.gov](mailto:connie.cahalan@dmh.mo.gov)

573-751-3035

1706 East Elm

Jefferson City, MO 65101