



Pat Hunt
Executive Director

Parent Peer Support:

What we've learned



Jane Walker
Senior Advisor

fredla

How parent peer support differs from youth & adult

- Families with lived experience in parenting/raising a child provide support to others with similar experience
—— (their experience is different – multi system, responsibility without authority, etc.)
- Their support is more than a 1:1 – it provides what families need in order to support their child/siblings and family – it is a ‘one off’ from adult/youth peer support
- Their support yields positive outcomes (including clinical outcomes)

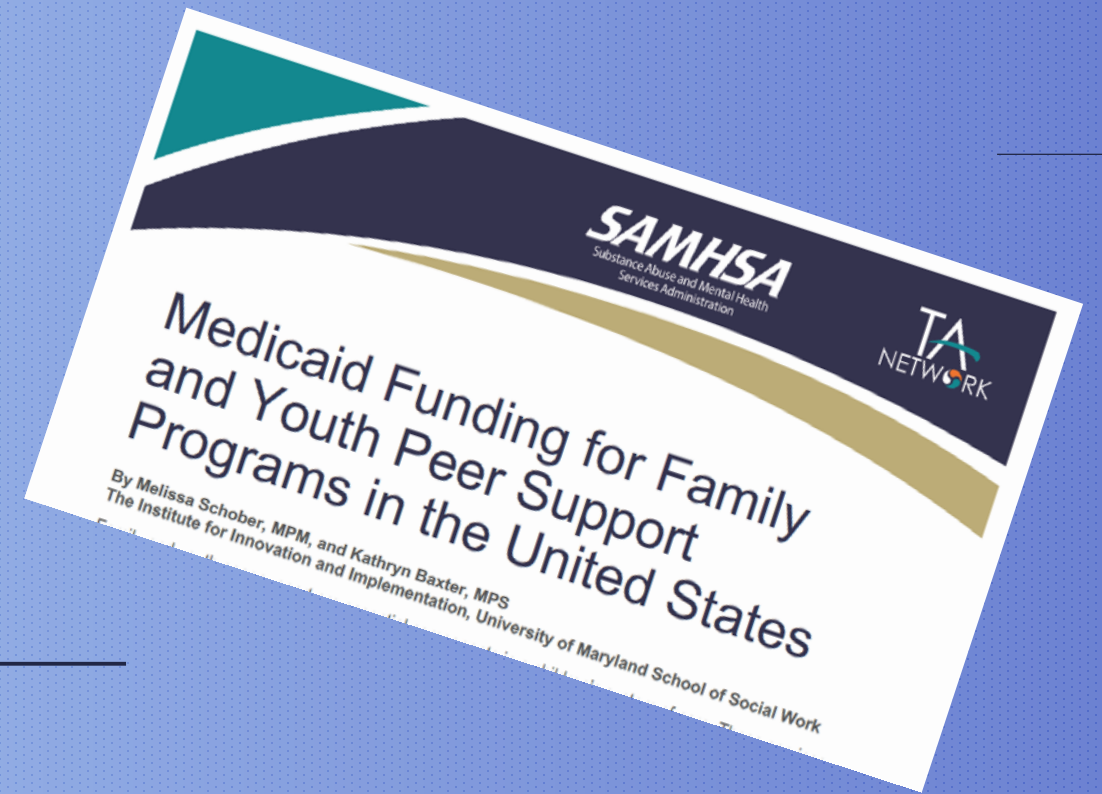
Challenges you may be experiencing

- Sustainable funding
- Clarity between certification & training
- Rates that invite and KEEP the best providers
- Programs that offer career growth

Funding

- 30 states are billing Medicaid
 - *State Plan Amendments*
 - *Waivers*
 - *Health Home SPAs*

There are other funding sources as well – they may be managed by other departments



Changes to Parent Peer Support as a Result of COVID



FREDLA conducted an online national survey of parent peer support providers.

August 27, 2020 – September 30, 2020

--- we learned about extraordinary people and what they were doing ---

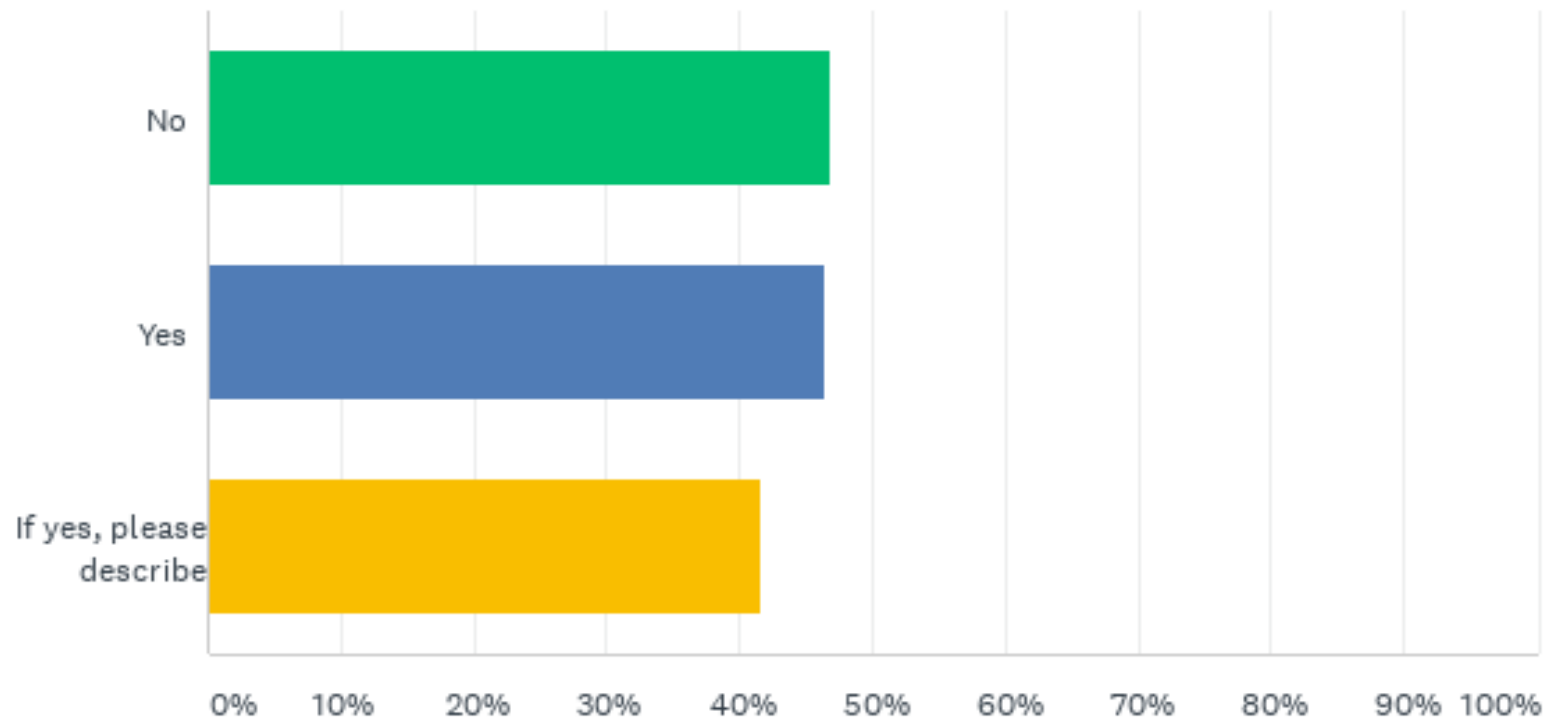


“Chef Eberhart” helped families have fun by sharing recipes and cooking with them!

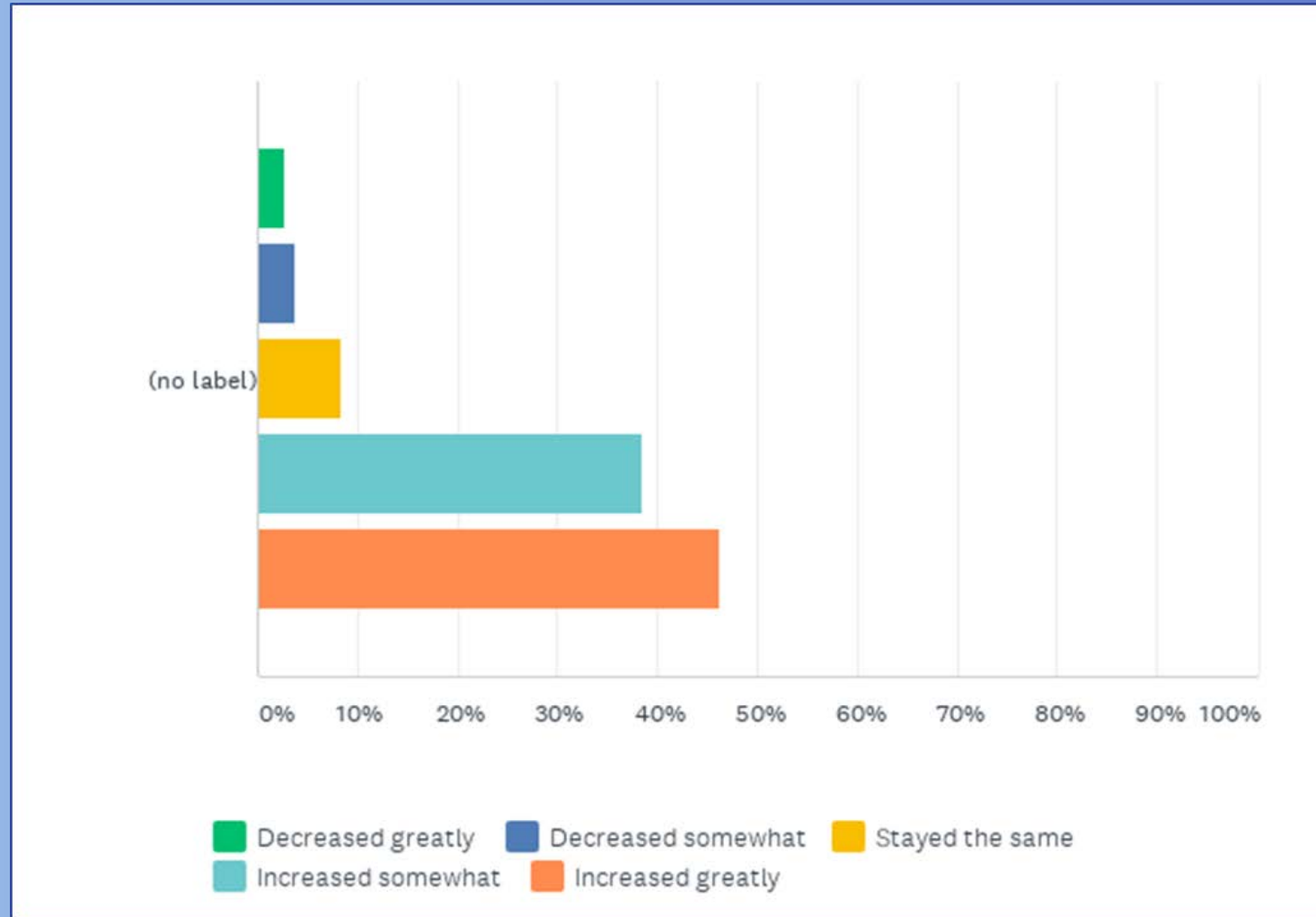


Ms. Kara read stories for specialized day care.

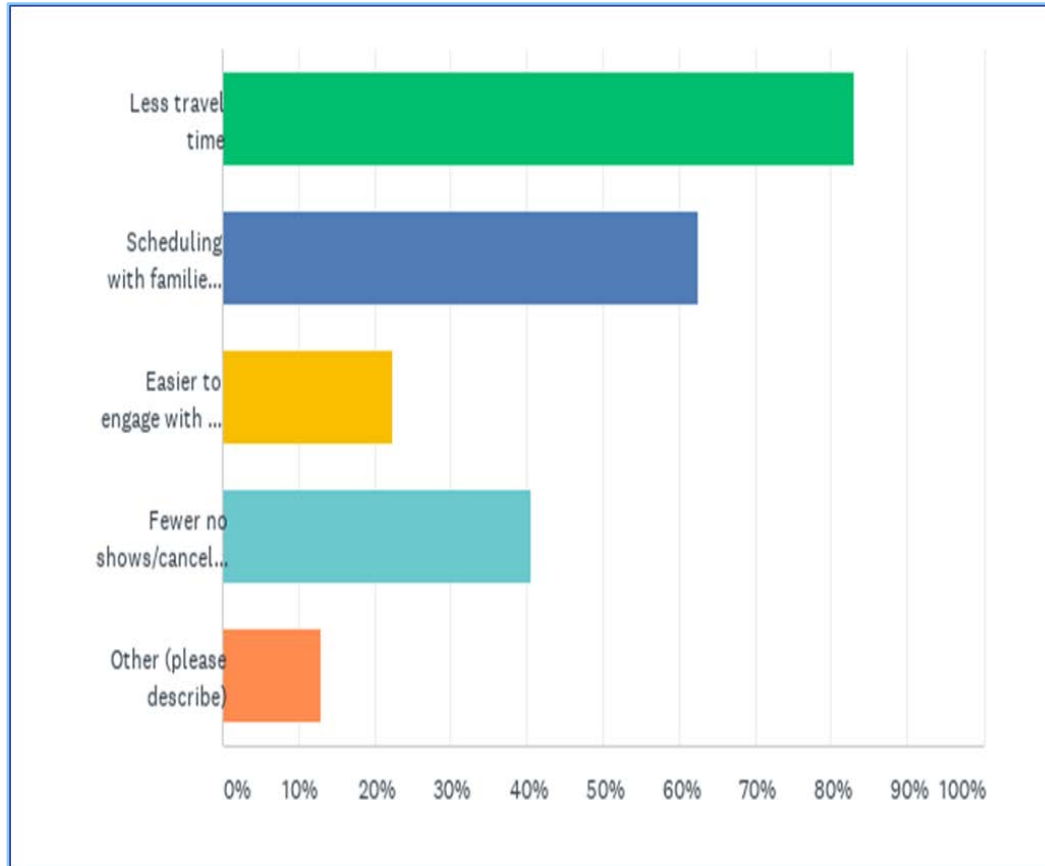
Expansion of services



Changes in intensity of family needs



Benefits to offering virtual PPS

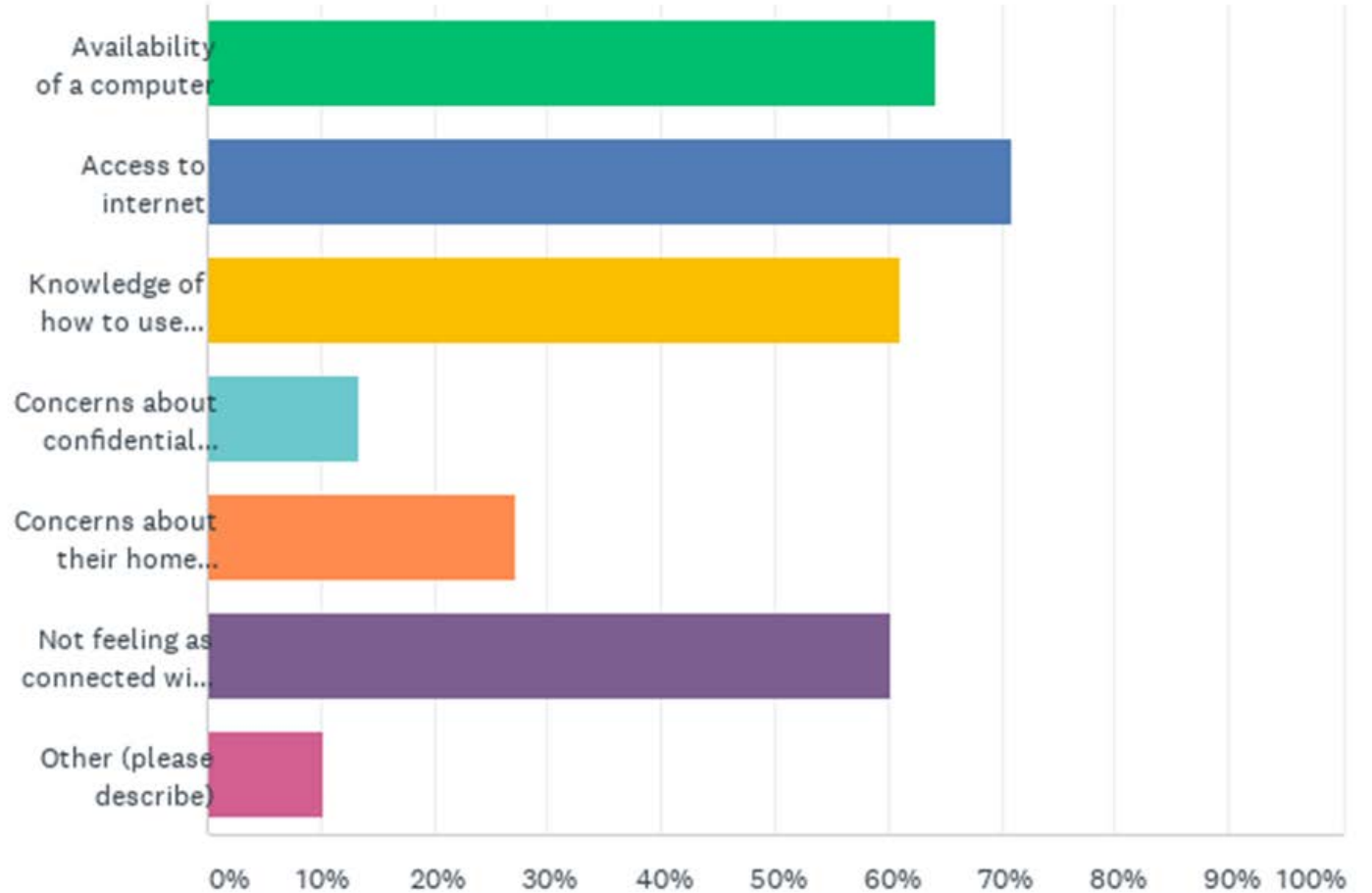


Challenging for PPSPs during COVID

- 1) More difficult to engage and support families when not physically with them
- 2) Working from home with my own family's needs
- 3) Strain on my personal well-being
- 4) Use or reliability of technology in my home
- 5) Maintaining a consistent schedule

PPSPS: Challenges families faced in virtual PPS

Beyond COVID, most PPSPs would prefer flexibility to use both in person and virtual PPS based on families' needs and preferences.



We are already working in many states



New and soon to be released...



Business of FROs

Packaged series of webinars, resources and tools for FROs



Translated resources

Useful resources translated to Spanish for use in the field



National PPS training event

2021- First national PPS virtual training event for PPSPs, Supervisors and Organizations



New videos

Videos featuring family-run organizations in Florida, Arizona and New Mexico.



New collaborations

National TA Centers, National Council, CWLA and more!



New resources and tools

Organizational readiness, trainings/curriculum, mentoring and more!

FREDLA is a partner in two new national TA centers



E-mail: NNTACinfo@cars-rp.org

Phone: 888.945.9377

Website (coming soon):
<http://www.nttacmentalhealth.org>

Request TA:
<https://tinyurl.com/RequestNTTAC-TTA>

Website: <https://youthmovepeercenter.org/>

Request TA:
https://youthmovenational.iad1.qualtrics.com/jfe/form/SV_9QwdHFz9q2xLnhz

fredla

THANK YOU!

FREDLA Team