



NEW Resources for Early Intervention in Psychosis: Coming in September, 2018!!!

<https://www.nasmhpd.org/content/information-providers>

Addressing Trauma in First Episode Psychosis Programs

By Andrea Blanch, Kate Hardy, Rachel Loewy, Tara Niendam

A significant percentage of clients with first episode psychosis have experienced one or more traumatic events. Determining if and how those traumatic experiences are related to the client's first episode of psychosis is a critical part of treatment planning. Addressing PTSD and other consequences of trauma in a FEP program require both a trauma-informed organizational culture and effective trauma-specific treatment. Technical Assistance products include:

- ***Trauma, PTSD, and First Episode Psychosis.*** This brief document introduces FEP program staff and administrators to the prevalence, impact, and implications of trauma experiences among people receiving services in their programs and provides a brief overview of trauma-informed approaches.
- ***Addressing Trauma and PTSD in First Episode Psychosis Programs.*** This document designed to provide guidance to FEP teams describes the attributes of a trauma-informed FEP program using SAMHSA's 10 organizational domains of a trauma-informed approach, and describes a range of clinical interventions, tools, and resources to support effective trauma treatment.

Supporting Effective Transitions from Coordinated Specialty Care to Other Community Programs

By Michael Hoge and Jessica Pollard

Most Coordinated Specialty Care (CSC) programs providing First Episode Psychosis (FEP) treatment and supports are designed to be time-limited. Individuals usually leave CSC services after 2-3 years. Some individuals choose to enter other, community-based programs at that time. Technical Assistance resources include:

- ***Transitioning Clients from Coordinated Specialty Care: A Guide for Clinicians.*** This 20-page Guidance Manual provides guidance to staff in CSC programs to support effective transitions to other community-based programs.
- ***Best Practices in Continuing Care after Early Intervention for Psychosis.*** This series of three brief (10-minute) recorded webinars provides concrete strategies and tools for community programs receiving individuals from CSC programs. These brief webinars may be sent by referring clinicians to receiving clinicians.

Coordinated Specialty Care for People with First Episode Psychosis: Assessing Fidelity to the Model

By Susan Essock and Don Addington

When implemented with high fidelity to the model, CSC is associated with superior outcomes for individuals experiencing early psychosis. In practice, teams charged with implementing CSC services may adhere closely to the CSC components set forth by SAMHSA and NIMH or they may deviate substantially from the evidence-based model. This 20-page issue brief reviews the importance of measuring implementation fidelity, identifies the key components of CSC to be measured, and describes the various data sources and data collection methods that can be used to measure fidelity. Concrete examples of fidelity measures are included.

Supporting Students Experiencing Psychosis in Middle School and High School

By Jason Schiffman, Sharon A. Hoover, Caroline Roemer, Samantha Redman, and Jeff Q. Bostic

Psychosis usually begins in late adolescence or early adulthood, with some people experiencing their first episodes in middle or high school. Schools can play an essential role, both in 1) reducing the lag time between the emergence of psychosis and obtaining effective care; and 2) supporting students to stay on their life course. Technical Assistance resources include:

- ***Supporting Students Experiencing Early Psychosis in Middle School and High School.*** This document provides guidance to high school and middle school professionals to identify and effectively support students experiencing psychosis, including an overview of FEP treatment and concrete strategies to implement effective accommodations and modifications to support school success.
- ***Engaging with Schools to Support Your Child with Psychosis.*** This brief document provides families with an overview of ways in which school professionals can support their student and the kinds of protections, accommodations, and strategies that may be effective in promoting school success.

Engaging Families in First Episode Psychosis Programs

By Laurie Flynn and David Shern

Family involvement is a vital component of successful FEP treatment and a core component of an evidence-based CSC model. Families can provide important information and key ongoing observations as treatment and services are provided. Family members are allies in supporting the person receiving services and often are critical members of the support team. Technical Assistance resources include:

- ***Clinician's Tip Sheet: Family Involvement in Programming for Early Serious Mental Illness.*** This brief tip sheet provides FEP team members with concrete strategies for successfully engaging family members in CSC programs, including understanding and addressing the impact of psychosis on the family.
- ***Family Tip Sheet: Helping Families Understand Services for Early Psychosis.*** This brief tip sheet provides family members with an overview of FEP treatment, strategies to work effectively with FEP team members, and additional resources that they can access to help better understand early serious mental illness and support their family member.

Windows of Opportunity in Early Psychosis Care

By Center for Practice Innovations at Columbia University,

Center for Practice Innovations Center of Excellence and Cultural Competence at the New York State Psychiatric Institute, and OnTrackNY

This 3-part series of brief (5-7 minute) training videos is designed to expose FEP treatment teams to strategies for exploring issues related to the cultures and values of people receiving FEP services. Examples involving faith, family involvement and gender expectations are featured.

Early Serious Mental Illness: A Guide for Faith Communities

By NASMHPD and NRI Project Staff, with input from Wesley Theological Seminary

The communities to which people belong, including faith-based communities, can be effective partners in supporting people experiencing early serious mental illness, including psychosis. This brief "health minister guide" is designed for faith leaders to help them engage, support, and provide ongoing community roles for people experiencing psychosis.